

Basic Cabled Socks!

Materials: 350-400 yards of sport weight yarn, natural color. I used Carodan Farm's house brand sport weight yarn in natural. (NAYY)

1 set 3.5mm dpns(I used INOX #3s)

1 set .325mm dpns(I used the Brittany Birches size #3s)

1 cable needle

This will fit a women's medium to wide ankle and foot. For a smaller ankle, you can decrease to a #2 or even a #1 for your gauge. It is also possible to add more repeats to the pattern with few problems. Enjoy!

Cable stitches: C2B: cross two behind. In k4p2 combo, pick up 2 sts of k4 with a cable needle and place behind your work. Knit next 2 sts and then knit sts on the cable needle. P2.

Cast on 56 sts on 3 dpns on larger needles.

k2p2 for 12 rnds

Knit plain for one round adding four sts evenly around the round.

Rnds 1-4: k4p2 to end

Rnd 5: C2B, p2 to the end of the round.

Continue this pattern for as long as you want. I continued pattern for 9 repeats.

Heel:

On smaller needles, move sts around so you have 30 on one needle and 15 on other two.

The needle with 30 sts will be your heel flap.

Make sure you have one of the cables running directly down the back of the leg when you do this. I think it just looks better.

Knit for 28 rows to create a suitable heel.

With RS facing you, knit over 17 sts and k2tbl. Turn work. Slip the first st and purl over 4, p2tog. Turn work, slip 1 and continue your heel st over four sts, k2tbl and turn.

At this point you should have a total of 6sts for your band. Continue like this until you use up all sts. You should end ready to begin a row on the RS.

Gusset: use 5 needles here.

Pick up all sts around the gusset, remembering to include a st at the top of each gusset to snug that area up.

Arrange sts on 5 needles

On the next round, tbl all gusset sts to snug things up and so you don't have an holes around the heel area.

On the gusset, decrease down on either side until you get back to 60 sts all the way around.

The way to do this is to k plain up the 1st needle to the last two sts, k2tbl on the 2nd needle and knit plain. On the 3rd needle knit plain until the last 2 sts. K2tog. On the 4th needle, k2tbl and continue knitting plain to the end of the round.

Follow this decrease method now until you have 60 sts altogether:

Rnd 1: knit plain.

Rnd 2: knit plain on 1st needle to last two sts, k2tog knit plain across the instep. On 4th needle, k2tbl and knit plain to the end of the round.

ONLY DO THIS UNTIL YOU HAVE 60 STS!

Foot

You can continue the pattern down the foot, but Mom wanted a plain foot for comfort, so that's what she got!

Continue plain until you have enough to amply cover the foot, but leave off 2" before where you want the toe to end!

Toe

With your sts separated on to 4 needles evenly (15sts/needle), follow this pattern until you have 9 sts remaining on each needle.

Rnd 1: 1st needle: knit plain to the last 3 sts. K2tog, k1. 2nd needle: k1, k2tbl, knit plain. 3rd needle: knit plain to the last 3 sts, k2tog, k1. 4th needle: k1, k2tbl, knit plain

Rnd 2: knit plain.

When you have only 9 sts remaining on each needle omit rnd 2 of the toe pattern. If you are a new sock

knitter, I recommend knitting until you have about 4 sts total remaining and draw your yarn through all sts twice with a tapestry or yarn needle. Pull snug and attach securely inside the sock. For those who know how to do a kitchener stitch, have at it!

If you are a beginning knitter, I highly recommend Nancy Bush's Folk Socks (NAYY) for basic instructions on heels and toes. The book is loaded with them and I have to say that is where I got my initial inspiration for making socks, and whenever I've had a question, the book has always had the answer!

Happy knitting!

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